

Sidney Velo Tuesday Time Trials – Emergency Response Plan

First Aid

- At least one First Aid Attendant with a minimum of Occupational First Aid (OFA1) or Standard First Aid (SFA1) certification will be identified as the in-charge first aid attendant and will be always available during the time trial.
- The First Aid Attendant will be located at the Lochside Dive/Lochside Frontage Road Start/Finish area at the McTavish interchange (see map).
- The First Aid Attendant will have a cellular telephone and be able to be in contact with the corner Course Marshals and Race Director.
- A complete first aid kit will be available.
- Course Marshals at Lochside/Mt. Newton X, the McTavish Interchange, and the Start/Finish will call for first aid assistance (and 9-1-1 in the event of serious injury). When in doubt, 9-1-1 will be called.
- In the event of a first aid emergency on the race course, the First Aid Attendant will attend by motor vehicle or on foot, accompanied by an assistant with traffic cones for traffic control or any other assistance required. The First Aid Attendant should not respond alone.
- The responders will advise the Race Director if the time trial should be stopped.
- First Aid Attendant must not transport the injured to the hospital. Call 9-1-1 for an ambulance.
- The First Aid Attendant will assist the Race Director in completing an Accident Injury Report to be sent to Cycling BC within 48 hours of the injury.
- The Saanich Peninsula Hospital and B.C. Ambulance Station are at 2166 Mt. Newton X Road, located 1 km west of the south end of the race course and 5.4 km from the north end of the race course (see map).
- B.C. Ambulance will be notified of the time trial dates, times, and location prior to the first time trial of the season.

Other Emergencies on the Race Course

- In the event of a fire, police, or ambulance emergency on the race course, marshals and riders are directed to follow the directions of emergency services personnel, including pulling to the right and stopping for emergency vehicles.
- When an emergency is detected on the course (e.g., police cars, fire trucks, ambulance) course marshals should attempt to determine the nature of the emergency and advise the Race Director on whether the time trial should be stopped.